



CHRONO MOD®

LADY DATE

USER GUIDE

31 mm automatic, date





WELCOME

ASSEMBLED BY HAND. BUILT JUST FOR YOU.

Your Lady Date was assembled by hand, piece by piece, to the configuration you chose.

This booklet is written for this watch alone: its crown, its calibre, its date through the months, what it can take in water and how to care for it.

For any question, the workshop answers at contact@chrono-mod.com.

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The Chrono Mod workshop

01 YOUR LADY DATE IN DETAIL

31 mm 316L steel case, steel case back, sapphire crystal. TMI
NH05 automatic calibre with date.

- 1 Date window.
- 2 Screw-down crown: three positions, winding, date, time.
- 3 Bracelet or strap, depending on your build.
- 4 Hour markers.
- 5 Hour and minute hands.
- 6 Fluted bezel.

31 5 NH05
MM ATM CALIBRE



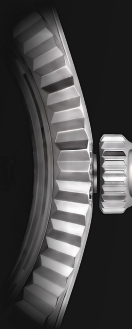
02 SETTING YOUR LADY DATE

The crown



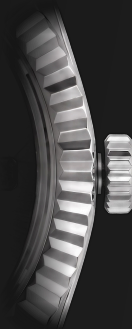
0

Against the case,
screwed down: wearing
and winding



1

One click: the date



2

Two clicks: the time; the
seconds hand stops

UNSCREW, SCREW BACK

Before any setting, unscrew the crown (towards you) until it springs free: it is then in position 0.

Afterwards, push it back against the case and screw it fully down, without forcing. Left unscrewed, it no longer keeps water out.

WINDING BY HAND

When worn, your Lady Date winds itself with the motion of your wrist. Stopped: crown unscrewed, in position 0, 20 to 30 turns clockwise, then wear it. Power reserve: about 41 hours.

TIME AND DATE, STEP BY STEP

NH05 calibre · date

- 1 Unscrew the crown, pull it to position 2 and bring the hands to 6 o'clock: a date set between 10 pm and 1 am would not change the next day.
- 2 Push the crown in to position 1 and turn it to yesterday's date.
- 3 Pull the crown to position 2 and move the hands forward: the date changes at midnight. Carry on to the exact time, morning or afternoon.
- 4 Push the crown back against the case and screw it fully down.

WHY YESTERDAY'S DATE

Passing midnight, the date flips by itself: that is how you know the time you set is morning or afternoon.



Recommended start: 6 o'clock

03 THE DATE THROUGH THE MONTHS

NH05 calibre · 31-day date

- 1 On the 1st of the month after April, June, September, November or February, unscrew the crown and pull it to position 1.
- 2 Turn to 1, with the hands outside 10 pm to 1 am.
- 3 Push the crown back and screw it fully down.

Left unworn, your Lady Date stops after about 41 hours. To restart it: crown unscrewed, in position 0, 20 to 30 turns clockwise, then set the time and date (page 7).



04 WATER: WHAT YOUR LADY DATE CAN TAKE

5 ATM

50 m

CLOSED STEEL CASE BACK

Rain, washing hands

YES

A short swim at the surface, crown screwed down

YES

Diving in

NO

Hot shower, sauna

NO

Crown screwed fully down before water.

05 BRACELET AND CARE

YOUR BRACELET

If you gave us your wrist size before assembly, the bracelet is already sized: the links removed are tucked into the box, with the sizing tool.

On a steel bracelet, the clasp closes in two moves: the blade folds under the cover and the two ends meet, then your thumb folds the polished cover over and clips it shut.

To change the strap: a spring-bar tool, and a 17 mm strap, the width between the lugs of your Lady Date. Unsure how to adjust it? The workshop will do it: write to us.

CARE

Avoid shocks and magnets (speakers, magnetic clasps, phone cases). A magnetised watch runs wrong: a watchmaker demagnetises it in a minute.

Soft cloth; lukewarm soapy water on steel or rubber, never on leather.

06 SPECIFICATIONS



CASE	31 mm without crown, 316L steel
THICKNESS	12 mm
LUG TO LUG	39 mm
DIAL	24.5 mm
LUG WIDTH	17 mm
CRYSTAL	sapphire with date magnifier
CASE BACK	closed steel
WATER RESISTANCE	5 ATM (50 m)
MOVEMENT	TMI NH05, automatic, date
POWER RESERVE	about 41 hours
CROWN	screw-down
WARRANTY	2 years on the movement

YOUR WARRANTY

2-year movement warranty, from the day you receive the watch. Straps, bracelets, clasps and spring bars, shocks and wear are not covered. Your statutory rights (legal guarantee of conformity) apply in addition.

A problem? Write to contact@chrono-mod.com with your order number and a photo. Before having your watch opened by a watchmaker, write to us. Full terms: chrono-mod.com/pages/garantie.



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